



# Skill Checklist: Glucometry

<b>Glucometry Checklist</b>	
<b>Step 1:</b>	Ensure patient history is taken and the need for glucometer testing is determined.
<b>Step 2:</b>	Explain the procedure to the patient.
<b>Step 3:</b>	Gather required equipment (i.e., sharps container) and prepare lancet and lancet device.
<b>Step 4:</b>	Insert the test strip into the glucometer.
<b>Step 5:</b>	Cleanse the patient's finger with an alcohol swab and allow the skin to dry completely.
<b>Step 6:</b>	Gently squeeze the finger and then prick the skin with a sterile lancet, using aseptic technique, and wait for a drop of blood to appear.
<b>Step 7:</b>	Bring the glucometer to the patient's finger and touch the tip of the test strip to the drop of blood.
<b>Step 8:</b>	Obtain an accurate blood glucose level reading and document the displayed results.
<b>Step 9:</b>	Have the patient hold pressure on the sample site, using a sterile gauze pad. Prepare an adhesive dressing and secure it on the patient's finger.
<b>Step 10:</b>	Dispose of the lancet in the sharps container and the test strip in a biological waste container.

Skill demonstrated successfully?

- YES
- NO

Comments:

Instructor signature: \_\_\_\_\_ Date (DD/MM/YYYY): \_\_\_\_\_

Candidate signature: \_\_\_\_\_ Date (DD/MM/YYYY): \_\_\_\_\_