



Skill Checklist: Blood Pressure by Auscultation

Blood Pressure by Auscultation Checklist	
Step 1:	Explain the procedure to the patient.
Step 2:	Select the correct blood pressure cuff size.
Step 3:	Wrap the blood pressure cuff around the patient's arm so that the lower edge is about 2.5 cm (1 in.) above the crease of the elbow.
Step 4:	Locate the brachial pulse.
Step 5:	Position the stethoscope over the brachial artery. Close the regulating valve and inflate the cuff to 20 mmHg above the approximate systolic blood pressure (as determined during palpation).
Step 6:	Slowly deflate the cuff, until the pulse is heard.
Step 7:	Continue deflating the cuff until the pulse is no longer heard, then deflate the cuff fully.
Step 8:	Record the approximate systolic blood pressure.

Skill demonstrated successfully?

- YES
 NO

Comments:

Instructor signature: _____ Date (DD/MM/YYYY): _____

Candidate signature: _____ Date (DD/MM/YYYY): _____