



Skill Sheet: Nasal Airway (NPA) Insertion

Nasal Airway Insertion Checklist	
Step 1:	Determine if the use of an NPA is appropriate (consider cautions and contraindications).
Step 2:	Size the NPA by measuring it against the patient's cheek (it should extend from the earlobe to the tip of the nose) and ensuring that the diameter of the NPA is not larger than the nostril.
Step 3:	Lubricate the NPA with a water-soluble lubricant.
Step 4:	Insert the NPA into the right nostril, with the bevel toward the septum of the nose.
Step 5:	Gently advance the airway straight in (not upward), until the flange rests against the patient's nostril.
Step 6:	If resistance is encountered, gently remove the NPA and attempt to insert it in the other nostril.
Step 7:	Once the NPA is successfully inserted, assess the airway for patency and effective air movement.

Skill demonstrated successfully?

- YES
- NO

Comments:

Instructor signature: _____ Date (DD/MM/YYYY): _____

Candidate signature: _____ Date (DD/MM/YYYY): _____