



Summary of Updates to First Aid National Program Standards – July 2024 edition

The following is a list of revisions included in the July 2024 version of the First Aid Program Standards, which can be found on My Red Cross (myrc.redcross.ca) > Standards > Program Standards.

Change/Page Reference	Description	Rationale
Updated contact information – Conducting Research within CRC Programs Page 11	Contact email address has been updated to: FAeducation@redcross.ca .	The email address CCFAE@redcross.ca is no longer monitored for requests related to conducting research.
Course content Page 15	Under the Course Content section, the following has been added: Instructors must avoid using acronyms, terms or language not used by the Canadian Red Cross in the course that is being delivered.	This clarification is to ensure Instructors are not introducing information to the learners that is outside the scope of CRC programs.
Decontamination of Training Aids – What to Clean Page 26	The following addition in bold has been added: Reusable first aid equipment, such as bandages and blankets, should be washed after each session so they are clean for the next learning intervention. Small props (such as epi-pens) should be cleaned using 70% Isopropyl, Ethyl Alcohol, or a similar disinfecting wipe prior to storage. It's also imperative to follow the recommendations from the manufacturer on contact time for the cleaning agent.	This addition is to align with manufacturer guidelines and recommendations.
Decontamination of Training Aids – How to Clean Pages 28	Under the steps for Submerging the Training Aid , the following additions in bold have been added: 4. Soak all surfaces in freshly prepared chlorine bleach solution (or suitable commercial cleaning solution based on the equipment manufacturer's recommendations and your workplace requirements) for a minimum 10 minutes. 5. Rinse all surfaces with fresh tap water and dry all parts thoroughly. Wiping with 70% Isopropyl or Ethyl Alcohol can aid drying of internal surfaces and prevent survival and growth of bacterial, viral, or fungal pathogens.	This addition is to align with manufacturer guidelines and recommendations.



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Decontamination of Training Ads – How to Clean Page 29	Under Chlorine Bleach Solution , the following has been added: If using a chlorine bleach solution to disinfect training mannequins and materials, a mixture of 38 mL of bleach to 1 L of cold water with a minimum contact time of 10 minutes should be used in accordance with Injury Prevention and Control (IPAC) recommendations. Note: For any equipment that cannot be cleaned and decontaminated using the above instructions please follow the manufacturer's instructions for decontamination or dispose of following use.	This revision is to align the decontamination process with Injury Prevention and Control (IPAC) recommendations.
Training Facility Requirements – First Aid Kit Page 30	Under First Aid Kit , the following has been added: Instructors must have a ready to use, properly stocked first aid kit with them in the classroom.	This revision is to add clarity to the need for a first aid kit accessible in the classroom.
Recertification – Emergency First Aid and Standard First Aid Pages 50, 54	The Blended delivery option has been removed from the Recertification charts for Emergency First Aid and Standard First Aid. The following note has been added: Note: The blended delivery option is no longer available for Emergency First Aid and Standard First Aid recertification courses. This change is in effect for Canadian Standards Association (CSA)-approved provinces/territories and will take effect on August 31, 2024, for all other provinces and territories.	Blended delivery recertification courses do not meet the CSA Standard for skill practice for workplace recognition. Therefore, the blended delivery format is no longer available for Emergency First Aid and Standard First Aid recertification courses. CPR blended delivery recertification courses can still be offered.
Marine First Aid Page 76	Under Pre-course Requirements , the following has been updated: Learners must be 16 years of age or older	This update has been made to align with Transport Canada requirements.
Marine Advanced First Aid Page 78	Under Pre-course Requirements , the following has been updated: Learners must be 18 years of age or older	This update has been made to align with Transport Canada requirements.



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Youth Leader Transfer Pathway and Instructor Development Transfer Pathway Page 110 and page 116	The following note has been added to the Youth Leader Transfer page and Instructor Development Transfer pages: For current CRC Instructors wishing to add an additional instructional certification, please see pathway(s) outlined under Expanding Instructor Certification .	Current CRC Instructors who wish to add an additional instructional certification should follow the applicable pathway(s) outlined under Expanding Instructor Certification. They do not need to reference the Youth Leader Transfer or Instructor Development Transfer Pathway, which is in place for candidates with previous experience as an Educator (elementary or secondary level) or qualification(s) in recreation leadership.
Instructor Development Recertification Page 118	The following revision has been made to the note on the Instructor Recertification course page: As of January 1, 2024, the 2023-2026 FAI Recertification model is now in effect for all disciplines, with course delivery standards as outlined.	The 2023-2026 FAI Recertification model is now in effect for all disciplines.
Instructor Trainer Page 122	The following ratios have been updated: Minimum Instructor to Candidate ratio: 2:4 Maximum Instructor to Candidate ratio: 2:8	This has been updated to reflect CRC direct delivery standards for this course. Due to constraints in the schedule with microteaching, it is required to have a ratio of 2 Master Instructor Trainers.
Permitted Course Combinations Page 132	The chart outlining permitted course combinations has been updated to clarify that Basic Life Support (BLS) courses can NOT be combined with a CPR A or CPR C course.	Basic Life Support can be taught <i>in place</i> of CPR A or C with Standard First Aid or Emergency First Aid. EFA & BLS and SFA & BLS are stand-alone courses that cannot be combined with other EFA and SFA courses, which may include candidates who are completing level A or level C CPR. EFA & BLS and SFA & BLS courses can be combined.



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Blended Learning Requirements – Design and Length Page 134	A revision to the below description is noted in bold font: Each blended learning course is divided into two mandatory components. Learners must complete the self-paced online component before proceeding to the in-classroom component. After the online component of the course has been successfully completed, the learner may proceed to the Instructor-led classroom component (skills practice and evaluation session). To achieve certification, the learner must complete the online component followed by completion of the classroom component. Any variation will void the certification. Learners are required to complete the classroom component within six weeks of completing the online component.	This revision is to add further clarity that learners must complete the online component before proceeding to the classroom component.
Who Can Teach It Page 147	Changes to the Who Can Teach It chart include: - Asterisk for EFA & BLS and SFA & BLS courses as the instructor must hold two certificates in different disciplines to teach this course. Note included below chart. - PFAI are not permitted to instruct PDT courses due to the required knowledge base not including PDT information. - Wilderness FAI can instruct RFA to WFA bridge course - WFRI can instruct Marine Advanced courses but can not instruct bridging courses for certification greater than FR due to skill and knowledge - AFAI's may only teach PDT and AFA courses currently. They may also teach the EFA/SFA & BLS courses if they hold both a FAI and AFAI certification. - Opioid Poisoning has been removed from the chart as the Opioid Poisoning Awareness Workshop is no longer available. - The following note has been added below the chart:	These changes have been updated to reflect alignment with industry standards and with skills and knowledge required to instruct courses.



	Note: To instruct a EFA & BLS course and/or a SFA & BLS course, the Instructor must hold current and valid FAI and an instructor certificate for Professional Responder discipline (BLSI, FRI, EMRI or AFAI)	
Expanding Instructor Certification Page 150	<p>The chart includes a new row outlining the process for a CRC Instructor (any discipline) to add a Youth Leader certification.</p> <p>The following note has been added under Notes below the chart:</p> <ul style="list-style-type: none">• The Youth Leader online course is available for CRC Instructors to complete independently by going on My Red Cross > My Profile > My Updates	CRC Instructors in any discipline can expand their Instructor certifications to add a Youth Leader certification by following the steps outlined in the chart.