



Skill Checklist: Administer Naloxone by IM Injection

| Administer Naloxone by Intramuscular Injection Checklist | |
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| Step 1: | Following your protocol and patient assessment, determine that administering naloxone via intramuscular injection is indicated for your patient. |
| Step 2: | Rule out any appropriate drug contraindications. Check the naloxone ampule to ensure that it is not expired and that the fluid is clear. Perform the 6 Rs. |
| Step 3: | Organize all the necessary equipment: <ul style="list-style-type: none">- Naloxone ampule(s)- 3mL syringe- Plastic ampule breaker- Alcohol swabs- Gloves- Sharps container |
| Step 4: | Select and prep the injection site: <ul style="list-style-type: none">- Deltoid or thigh- Expose the area- Clean the area with the alcohol swab- Allow to air dry |

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| Step 5: | <p>Prepare the medication:</p> <ul style="list-style-type: none">- Hold the naloxone ampule upright and gently swirl it or tap the bottom to remove any solution trapped in the neck.- Break the ampule open using the plastic ampule breaker by holding the ampule in one hand and using the other to break off the neck.<ul style="list-style-type: none">- Do this by placing a thumb at the base of the cracker (along the score line of the ampule) and your index finger at the top.- Push with your thumb and pull with your index finger to break open the ampule. |
| Step 6: | <p>Draw up the medication:</p> <ul style="list-style-type: none">- Remove the cap and carefully insert the needle into the ampule.- Keeping your hands connected and steady, draw the solution from the ampule into the syringe.- Expel any air bubbles and excess solution by holding the syringe upright, tapping the barrel of the syringe to move the bubbles to the top, and then slowly pushing the plunger until the correct dose is in the syringe and a small drop of fluid is visible at the tip of the needle. |
| Step 7: | <p>Administer the medication:</p> <ul style="list-style-type: none">- Pull the skin to stretch it (Z-track technique).- Insert the needle at a 90-degree angle to the skin.- Inject the medication into the muscle. |
| Step 8: | <p>Post-injection:</p> <ul style="list-style-type: none">- Remove the needle from the skin and dispose of it in a sharps container.- Cover and apply gentle pressure to the injection site. |

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| Step 9: | Document the administration of the naloxone: <ul style="list-style-type: none">- The name of the drug given- The dose of the drug that was given- The time the dose was given- The route by which the dose was given- The effects the dose had on the patient |
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Skill demonstrated successfully?

YES

NO

Comments:

Instructor signature: _____ Date (DD/MM/YYYY): _____

Candidate signature: _____ Date (DD/MM/YYYY): _____